#MomsDon'tNeed Tweet Storm

PROMOTIONAL TWEETS | SHAREABLE IMAGE | SAMPLE TWEETS BY CO-SPONSOR

In honor of Mother’s Day, join advocates and individuals across the country in calling attention to recent actions and policies that threaten mothers and families while highlighting the kind of supports they and all people truly need to protect and advance their economic security, health and safety, and more.

**When:** Thursday, May 11, 3 – 4 p.m. ET
**Hashtags:** #MomsDontNeed, #MothersDay

Groups are also encouraged to drive messages directly to lawmakers through their own lists and tools such as WeTweet.org/Moms, which allows users to tweet messages at their members of Congress. Shortcut URLs for the issues included on WeTweet.org are included in the sample tweets below.

**CO-SPONSORS**

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<thead>
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<th>9to5</th>
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<td><strong>Center for Law and Social Policy (CLASP)</strong></td>
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<td><strong>Center on Budget and Policy Priorities</strong></td>
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<td>Jewish Women International (JWI)</td>
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<td>Jobs With Justice</td>
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<td>Make It Work Campaign</td>
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<td>March for Moms</td>
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<td>PowHer New York</td>
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<td>Raising Women's Voices for the Health Care We Need</td>
<td>@rwv4healthcare</td>
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<td>Service Employees International Union (SEIU)</td>
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<td>Speaking of Birth</td>
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**PROMOTIONAL TWEETS**

- This #MothersDay, #momsdontneed empty promises. Congress, advance policies that support all women and families. Tweet at 3 p.m. ET on 5/11.

- Este Día de las Madres, #lasmamásnecesitan promesas vacías. Usa #MomsDontNeed este 5/11 a las 3 p.m. ET.
• Use #MomsDontNeed from 3 – 4 p.m. ET on 5/11 to contrast recent threats with the policy supports women and all families truly need.

• Usa lasmamásnonecesitan el 5/11 de 3-4 p.m. ET para contrastar las amenazas recientes con políticas que ayudan a las mujeres y familias.

• On 5/11 at 3 p.m. ET, use WeTweet.org/Moms to tell Congress #momsdontneed threats to their economic security, health or safety!

• This #MothersDay, moms need policies that promote their health and well-being – not threaten them. Use #MomsDontNeed on 5/11 at 3 p.m. ET.

• Este #DíadelasMadres, las mamás necesitan políticas q promuevan su salud y bienestar—no q las amenacen. Usa #MomsDontNeed el 5/11 @ 3pmET.

• Join us on 5/11 from 3 – 4 p.m. ET to remind lawmakers that #momsdontneed policies that make life harder for women and families!

• Únetenos el 5/11 de 3-4 pmET para recordarle a los legisladores q las mamás no necesitan políticas q hagan la vida más difícil.#MomsDontNeed

SHAREABLE IMAGE

Stand against threats. Tell Congress what moms really need! #MothersDay

Join the #MomsDontNeed tweet storm on Thursday, May 11, at 3 p.m. ET.

• Download this image [here](#).
SAMPLE TWEETS BY CO-SPONSOR

NATIONAL PARTNERSHIP FOR WOMEN & FAMILIES

PAID FAMILY AND MEDICAL LEAVE

- #Momsdontneed a system that forces them to choose between their health or families and a job. We need national #paidleave. #FAMILYAct now!

- #Lasmamásnonecesitan un sistema que las obliga a escoger entre su salud o familia y un trabajo. ¡#FAMILYAct ahora! #MomsDontNeed

- #Momsdontneed false promises this #MothersDay. Congress, pass the #FAMILYAct to create a national #paidleave program for all working people.

- Nearly 25% of new moms in the U.S. are back at work within two weeks of giving birth. #Momsdontneed more of the same – we need #paidleave!

- El casi 25% de nuevas mamás en los EEUU regresan al trabajo en las dos semanas después del parto. ¡Necesitamos #paidleave! #MomsDontNeed

- Moms are key breadwinners and caregivers, and yet most are not guaranteed #paidleave. WeTweet.org/leave #MomsDontNeed

- Las mamás sustentan y cuidan a sus familias. Aun así a muchas no se les garantiza #paidleave. WeTweet.org/leave #MomsDontNeed

- #Momsdontneed policies that do more harm than good. We need a strong #paidleave plan like the #FAMILYAct! #PaidLeaveChecklist

- #Lasmamásnonecesitan políticas que perjudican más que benefician. ¡Necesitamos el #FAMILYAct! #MomsDontNeed

  ▶ Download the #PaidLeaveChecklist gif here.

- #Momsdontneed an absurd lack of #paidleave. We need a comprehensive, inclusive national program! npwf.info/2kpO5ei #Long5Years

PAID SICK DAYS

- #Momsdontneed the insecurity of not having #paysickdays when illness strikes. We all need the #HFAnow!

- #Lasmamásnonecesitan la inseguridad económica del no tener días de ausencia pagados cuando azota la enfermedad. ¡#HFAnow! #MomsDontNeed
• Choosing between a child’s health and a paycheck is exactly what #momsdontneed. This #MothersDay and beyond, moms need #paidsickdays.

• Escoger entre la salud de un hijo y un cheque es exactamente lo que #lasmamásnonecesitan. #MomsDontNeed

• As breadwinners and caregivers, #momsdontneed to continue to struggle without #paidsickdays. All working people need the #HFAnow.

• Como sustentadoras y cuidadoras, #lasmamásnonecesitan continuar a batallar sin días de enfermedad pagados. #MomsDontNeed

• Congress, this #MothersDay, #momsdontneed words. They need action! Pass #paidsickdays with the #HFAnow: WeTweet.org/psd

COMP TIME

• #Momsdontneed false promises like the Working Families Flexibility Act. We need #paidsickdays and #paidleave! #comptime #lesstimelesspay

• #Lasmamásnonecesitan la falsa Acta de Flexibilidad Para Familias Trabajadoras. Necesitan #paidsickdays y #paidleave. #MomsDontNeed

• #Momsdontneed to keep struggling to support their families and pay the bills. And the #comptime bill would just mean #lesstimelesspay.

• Instead of helping workers, H.R. 1180 would allow employers to delay paying overtime. That’s what #momsdontneed. #lesstimelesspay #comptime

• H.R. 1180 permitiría que los empleadores se retrasen en pagar las horas extras. Eso es lo que #lasmamásnonecesitan. #MomsDontNeed

• Download images here.

FAIR PAY

• #Momsdontneed a punishing #wagegap. Moms need #fairpay and a #minimumwage increase. #MothersDay

• #Lasmamásnonecesitan una #brechasalarial. Necesitan #igualdadalsalarial y un aumento al #salarionómimo. #DíaDelasMadres #MomsDontNeed

• #Momsdontneed to lose pay and promotions due to the “motherhood penalty.” This #MothersDay, moms – especially moms of color – need #fairpay.
• #Las mamás necesitan perder pago o promociones a causa de la “penalidad de la maternidad.” Necesitan #igualdadsalarial. #MomsDontNeed

• #MomsDontNeed 70 cents on the dollar compared to fathers. We need to end the gender #wagegap and secure fair, living wages for all.

• #Las mamás necesitan 70¢ por cada dólar en comparación con los padres. Necesitamos acabar con la #brechaSalarial. #MomsDontNeed

• Congress, #momsdontneed lip service. They need the #PaycheckFairness Act to combat harmful pay discrimination: WeTweet.org/fair

• Congreso, #lasmamas necesitan labia. Necesitan #PaycheckFairness para combatir discriminación d pago. WeTweet.org/fair #MomsDontNeed

SCHEDULING

• #MomsDontNeed to wonder from day to day or week to week whether they will be scheduled to work. We all need the #SchedulesThatWork Act.

• #Las mamás necesitan adivinar día a día o semana a semana si las van a programar para trabajar. Necesitan #schedulesthatwork. #MomsDontNeed

• Unpredictable scheduling practices are what #momsdontneed. #Schedulesthatwork are a matter of basic fairness. #MothersDay

• Las prácticas de programación de horario impredecibles son lo que #lasmamas necesitan. #DíadelasMadres #MomsDontNeed

• #MomsDontNeed the uncertainty that unpredictable scheduling practices create. We all need more control and stability. #SchedulesThatWork

• #Las mamás necesitan la incertidumbre que crean las prácticas de programación de horarios impredecibles. #MomsDontNeed

WORKPLACE DISCRIMINATION

• Know what #momsdontneed this #MothersDay? Pregnancy discrimination, which is a harsh reality for too many. Congress, pass the #PWFA!

• ¿Sabes qué #lasmamas necesitan este #DíadelasMadres? La discriminación por embarazo. ¡Congreso, aprueba el #PWFA! #MomsDontNeed

• It is unacceptable that women #pregnantatwork still face discrimination. #MomsDontNeed that! It’s past time for the #PWFA.
• Es inaceptable que las mujeres embarazadas todavía enfrenten discriminación en el trabajo. ¡#Lasmamásnonecesitan eso! #PWFA #MomsDontNeed

• In 2017, a woman shouldn’t be forced to choose between her job and the health of her pregnancy. Moms need the #PWFA. #MomsDontNeed

• En el 2017, una mujer no debe ser obligada a escoger entre su trabajo y la salud de su embarazo. Las mamás necesitan el #PWFA. #MomsDontNeed

• #Momsdontneed discrimination based on sex, sexual orientation and gender identity. The Equality Act is long overdue. #LGBTQ #EqualityForward

• #Lasmamásnonecesitan ser discriminadas por causa de su género, orientación sexual o identidad de género. #MomsDontNeed

• #Momsdontneed a country in which people can be fired simply because of their sexual orientation or gender identity. #EqualityForward #LGBTQ

• #Lasmamásnonecesitan un país en donde la gente pueda ser despedida por su orientación sexual o identidad de género. #MomsDontNeed

CHILD CARE

• #Momsdontneed excessive #childcare costs. Parents need vastly improved access to affordable, high-quality care and support for caregivers.

• #Lasmamásnonecesitan costos excesivos para el cuidado de niños. Los padres necesitan mejor acceso a cuidado económico y de alta calidad. #MomsDontNeed

• Due to high costs, #childcare is out of reach for too many. #Momsdontneed anything less than affordable, high-quality care!

• El cuidado de niños está fuera del alcance para muchos. ¡#Lasmamásnonecesitan nada menos q cuidado económico y d alta calidad! #MomsDontNeed

• #Momsdontneed regressive #childcare plans. Parents need solutions that will benefit all families and make care truly affordable.

• #Lasmamásnonecesitan propuestas regresivas para el cuidado de niños. Necesitan soluciones q beneficiarán a todas las familias. #MomsDontNeed

COMMUNITIES AT RISK

• #Momsdontneed actions that sow hatred and division, and intensify discrimination. We need real leadership, compassion and respect.
• #Lasmamásnecesitan medidas que siembran el odio y la división e intensifican la discriminación. #MomsDontNeed

• #Momsdontneed threats to women, immigrants, the LGBTQ and disability communities and people of color. We need equal rights and justice.

• #Lasmamásnecesitan amenazas hacia las mujeres, inmigrantes, las comunidades LGBTQ y discapacitadas y las personas de color. #MomsDontNeed

• #Momsdontneed cruel immigration policies and raids that tear families apart. When immigrants thrive, our nation thrives.

• #Lasmamásnecesitan políticas de inmigración crueles ni redadas que desgarren familias. #MomsDontNeed #DíaDelasMadres

• #Momsdontneed a war on immigrants and refugees. We need a nation that is safe and welcoming, especially to those most in need.

• #Lasmamásnecesitan una guerra en contra de los inmigrantes y refugiados. Necesitamos una nación segura y acogedora. #MomsDontNeed

• #Momsdontneed actions that put a bull’s eye on the backs of transgender students. Our schools and communities should be safe for everyone.

• #Lasmamásnecesitan acciones que ponen un blanco en las espaldas de los estudiantes transgéneros. #DíaDelasMadres #MomsDontNeed

• #Momsdontneed heightened threats and incidents of discrimination and hate crimes against #LGBTQ people. #EqualityForward

• #Lasmamásnecesitan amenazas intensificadas e incidentes de discriminación y crímenes de odio en contra de personas #LGBTQ. #MomsDontNeed

• #Momsdontneed actions that further criminalize and harm communities of color. We need equal protection and justice for all.

• #Lasmamásnecesitan medidas que criminalizan y causan más daño a las comunidades de color. #DíaDelasMadres #MomsDontNeed

• #Momsdontneed budget cuts that erode the safety net and undermine enforcement of critical laws. We need investments in key programs.

• #Lasmamásnecesitan cortos al presupuesto que erosionan la red de protección social y debilitan la ejecución de leyes críticas. #MomsDontNeed
HEALTH CARE

- What moms need: Quality, coordinated, woman-centered #healthcare. What #momsdontneed: Trumpcare. #ProtectOurCare

- Las mamás necesitan cuidado de salud de alta calidad, coordinado y centrado en la mujer. Lo q #lasmamásnecesitan: #TrumpCare #MomsDontNeed

- #Momsdontneed to pay higher premiums for less comprehensive health care coverage. We need the #ACA! Congress, #protectourcare!

- #Lasmamásnecesitan pagar primas más altas por cuidado de salud menos comprensivo. ¡Necesitamos el #ACA! #MomsDontNeed

- #Momsdontneed a weakened #Medicaid program – we need more, not less access to quality health care throughout our lives. #ProtectOurCare

- #Lasmamásnecesitan un programa de #Medicaid debilitado – necesitamos más, no menos cuidado de salud de alta calidad. #MomsDontNeed

- #Momsdontneed a health care repeal bill that strips away essential health benefits like #maternity care. We need the #ACA! #ProtectOurCare

- #Lasmamásnecesitan una propuesta de ley que quita beneficios de salud esenciales como el cuidado de maternidad. #MomsDontNeed

- #Momsdontneed barriers that stand in the way of accessing our digital health information. We need patient-centered #healthIT policies!

- #Lasmamásnecesitan barreras que se interponen al acceso a nuestra información de salud digital. #MomsDontNeed

- #Momsdontneed yet another errand to run. #HealthIT can make it easier for mom to be the health care coordinator-in-chief. #MothersDay

- #MomsDontNeed outdated maternity care practices and routines that aren’t evidence-based. We need high-quality #maternity care.

- #Momsdontneed lawmakers that turn a blind eye to our nation’s maternal mortality rate and its disproportionate impact on women of color.

- #Lasmamásnecesitan legisladores q hagan la vista gorda a la tasa de mortalidad maternal y su impacto a las mujeres de color. #MomsDontNeed
ABORTION CARE

- #Momsdontneed politicians in the exam room when they are making decisions about their #reprohealth. #MothersDay

- #Lasmamásnonecesitan políticos dentro de la sala de examinación cuando ellas toman decisiones sobre su salud reproductiva. #MomsDon'tNeed

- #Momsdontneed politicians turning #liesintolaws and pushing #abortion care out of reach. We need evidence-based #abortion care for all.

- #Lasmamásnonecesitan que los políticos conviertan las mentiras en ley y pongan el cuidado de aborto fuera del alcance. #MomsDon'tNeed

- #Momsdontneed #BadMedicine laws that make #abortion care harder to get & more expensive. We need access to comprehensive #reprohealth care.

- #Lasmamásnonecesitan leyes de mala medicina que dificultan el acceso al cuidado de aborto y lo hacen más caro. #MomsDon'tNeed

- #Momsdontneed #abortion restrictions that block care for those who need it most: low-income families, young people and women of color.

- #Lasmamásnonecesitan restricciones de aborto que bloquean el cuidado para aquellos que más lo necesitan. #DíaDeLasMadres #MomsDon'tNeed

- #Momsdontneed #abortion bans that disproportionately harm immigrants. We need #reprohealth care for all.

- #Lasmamásnonecesitan prohibiciones al aborto que afectan desproporcionadamente a los inmigrantes. #MomsDon'tNeed

CONTRACEPTION

- #Momsdontneed roadblocks to #contraception. Everyone needs access to the full range of #reprohealth care, including #birthcontrol.

- #Lasmamásnonecesitan barreras a los #anticonceptivos. Necesitan acceso al ámbito completo de cuidado salud reproductiva. #MomsDon'tNeed

- #Momsdontneed cuts to #TitleX, the nation’s family planning program. Everyone deserves access to #contraception. WeTweet.org/repro

- #Lasmamasnonecesitan recortes al #TituloX, el programa de planificación familiar de la nación. WeTweet.org/repro #MomsDon'tNeed
SHAREABLE IMAGES

- Download shareable images for the following issues here: paid sick days, paid leave, fair schedules, reproductive rights, pregnancy discrimination, health care, minimum wage, fair pay and affordable child care.

![#MomsDontNeed](image)

- Download this animated gif here.

NATIONAL WOMEN’S LAW CENTER

WORKPLACE JUSTICE

- #MomsDontNeed false promises of #comptime they may never be able to take. Real flexibility for families = protecting overtime pay & #paidleave
- #MomsDontNeed unpredictable & unfair scheduling practices that make it hard to plan child care. Working moms deserve #SchedulesThatWork.
- What #MomsDontNeed? A typical motherhood wage gap of 71 cents.
- What moms DO need: #equalpay and the #PaycheckFairnessAct
- Tell Congress to protect pregnant workers with #PWFA — b/c soon-to-be #MomsDontNeed to choose between their job & a healthy pregnancy.
- It’s past time to #RaiseTheWage and #Fightfor15 — because #MomsDontNeed to struggle to make ends meet for their families.

REPRODUCTIVE RIGHTS

- #MomsDontNeed to worry about whether or not their breast pump will be covered while struggling to make ends meet.
- #MomsDontNeed politicians banning abortion coverage when they’re trying to take care of the kids they already have.
• #MomsDontNeed to worry about choosing between affording birth control or buying groceries. #HandsOffMyBC

• Moms need 2 live & plan their lives w/ dignity – this incl. access 2 repro health. #MomsDontNeed politicians putting this care out of reach.

• #MomsDontNeed to go back 2 the days when their zipcode determined whether they got affordable & HQ health insurance. bit.ly/2ostE5Y

INCOME SECURITY

• #MomsDontNeed corporate tax cuts. We need tax fairness & a budget that protects our basic living standards. https://nwlc.org/resources/a-budget-that-works-for-women-and-families/

• Cutting programs for low-income families hurts moms & kids most. #MomsDontNeed more to worry about! https://nwlc.org/resources/cutting-programs-low-income-people-especially-hurts-women-and-their-families/

• #MomsDontNeed political games over the budget. How about strengthening credits like these? https://nwlc.org/resources/family-tax-credits/

• #ThrowbackThursday: Trump’s Skinny Budget was full of stuff #MomsDontNeed. https://nwlc.org/resources/president-trumps-skinny-budget-putting-families-last/ Do better: https://nwlc.org/resources/a-budget-that-works-for-women-and-families/

• #MomsDontNeed #MothersDay greetings from anybody who supports budget cuts & corporate tax schemes that hurt working families.

CHILD CARE

• #MomsDontNeed a child care plan that mainly helps the wealthy. All moms want help with high quality child care.

• #MomsDontNeed Trump’s child care plan. Families need help paying child care bills when they’re due, every week or every month.

• #MomsDontNeed a child care plan that ONLY addresses affordability. Must increase supply of high quality child care for infants & toddlers.

• #MomsDontNeed child care providers that are stretched to the breaking point. It’s time to raise rates so child care providers are well paid!
• #MomsDontNeed child care just during standard business hours. Moms need flexible arrangements that meet their work and scheduling needs.

NATIONAL COUNCIL OF JEWISH WOMEN

• #Momsdontneed empty promises of pay equity – they need #EqualPay today! #PFA

• #Momsdontneed lip service, they need policies that will help families: #FAMILYAct #PaidSickDays #EqualPay #RaisetheWage

• #Momsdontneed the Hyde Amdt! #BeBoldEndHyde

• #Momsdontneed male politicians deciding their health care

• #Momsdontneed #Trumpcare

• #Momsdontneed the terror of an expanded deportation force. #NoBanNoWallNoRaid #Not1More

• #Momsdontneed the fear that their #DACA children could be deported. #Not1More

• #Momsdontneed additional barriers to voting, like #VoterID

• #Momsdontneed discriminatory policies that prevent them from adopting kids https://thinkprogress.org/alabama-adoption-discrimination-b216ba774fa0

• #Momsdontneed to fear that their children could be killed by police violence. #ReproJustice #BlackLivesMatter

JOBS WITH JUSTICE

• #MomsDontNeed unreliable work schedules and fluctuating pay. It’s time for #schedulesthatwork!

• #MomsDontNeed last-minute schedule changes and on-call shifts. Working parents need reliable work schedules and #justhours

• When wages are so low, every hour counts. #MomsDontNeed limited hours & unfair schedules. Working parents need reliable hours & fair pay.
• When your job calls you in at the last minute, you’re left scrambling. #MomsDontNeed on-call shifts and unpredictable hours.

SERVICE EMPLOYEES INTERNATIONAL UNION (SEIU)

• #MomsDontNeed a political and economic system that places greedy corporations ahead of working people.

• #MomsDontNeed policies that limit our ability to have a voice on the job in a union.

• #MomsDontNeed a healthcare plan that makes being a woman a pre-existing condition. #CareNotChaos

• #MomsDontNeed unequal pay when doing the same work as men. We must close the #GenderPayGap

• #MomsDontNeed voter ID laws that deny working families, especially in communities of color, access to democracy. #ResoreTheVRA

• #MomsDontNeed to work 40 hours a week and still live in poverty. Working moms and dads need a living wage. #FightFor15

• #MomsDontNeed mass deportation forces that would be used to rip immigrant and refugee families apart. #HereToStay

• #MomsDontNeed a childcare plan that benefits the rich and harms working moms and dads. #ChildCareForAll

• #MomsDontNeed elected officials that further rig the system against working people to favor greedy corporations.

• #MomsDontNeed to face a crumbling care system for our loved ones. #Homecare jobs should be jobs that pay a living wage.

• #MomsDontNeed colleges & universities that act like corporations by underpaying faculty and burdening students with debt #HigherEd

• Moms work at airports too. #MomsDontNeed half of airport workers to raise their families on less than $12 an hour. #PovertyDoesntFly

• Families are working longer and harder to get ahead. #MomsDontNeed Congress allowing greedy corporations to steal overtime pay #HR1180
• #MomsDontNeed to work any additional hours for free. (They do enough of this at home.) Congress must protect overtime pay and stop #HR1180

• Moms need a voice in our economy and democracy. #MomsDontNeed the false promise of time off that #HR1180 offers. Congress must vote NO.

• Download a sample image [here](#).

FAMILY VALUES @ WORK

• #MomsDontNeed lip service, moms need #paidleave. Sign the petition: [http://bit.ly/1UoCuWk](http://bit.ly/1UoCuWk)

• Moms need unions because they raise wages of unionized workers by roughly 20%. #Momsdontneed unfair wages.

• Unionized workers are more likely than their nonunionized counterparts to receive paid leave. #MomsDontNeed talk, moms need #PaidLeave

• #MomsDontNeed to go to work sick. Moms need unions because unionized workers receive 14% more total paid time off than nonunionized #moms

• #momsdontneed to worry about #PaidLeave in New York starting next January

• #momsdontneed to worry about #PaidLeave in NJ because it exists for them and their partners #MothersDay

• #momsdontneed to worry about #PaidLeave in RI because it exists for them and their partners #MothersDay

• #momsdontneed to worry about #PaidLeave in CA because it exists for them and their partners #MothersDay

• Download additional tweets [here](#).

NEW YORK PAID LEAVE COALITION

• Download sample tweets [here](#).
VOTER PARTICIPATION CENTER

- Single #MomsDontNeed to be ignored on the #WageGap- #EqualPay would mean a pay raise for 2/3 of them. http://data.voterparticipation.org/2017/04/iwpr-equalpay-cuts-poverty-rate-half-children-working-mother/

- Single #momsdontneed government that refuses to fix the #wagegap http://data.voterparticipation.org/2017/04/equal-pay-day-2017-unmarried-women-wagegap-state/

- Single #MomsDontNeed to have their priorities ignored: #womensmarch http://data.voterparticipation.org/2017/02/data-womens-march-democracy-looks-like/

- Single #MomsDontNeed unaffordable #healthcare and reduced coverage #iamapreexistingcondition http://data.voterparticipation.org/2017/01/2017-agenda-aca/

- Single #MomsDontNeed to be denied #paidleave for maternity - something 82% of Americans support: http://data.voterparticipation.org/2017/03/pew-americans-overwhelmingly-support-paid-family-leave-isnt-even-close/

- Single #MomsDontNeed excuses to keep the minimum wage at poverty level - they need Congress to #RaisetheWage. http://data.voterparticipation.org/2016/09/women-minimum-wage-state-state/

- Download sample materials here.

NHCOA

- Download sample materials here.

CENTER FOR LAW AND SOCIAL POLICY (CLASP)

- #MomsDontNeed to choose between a paycheck and caring for their child. ow.ly/W2iS30bzfS8

- #MomsDontNeed to worry about their work schedule AND who is going to be caring for their child. ow.ly/W2iS30bzfS8

- #MomsDontNeed to live without access to key services, including access to maternal depression treatment. ow.ly/9wuW30bzbY2
• #MomsDontNeed work schedules that keep them from spending time with their families. ow.ly/CVZ830bzg3F

• #MomsDontNeed work schedules that keep them from picking up their kids. ow.ly/CVZ830bzg3F

• #MomsDontNeed work schedules that force them to lose their childcare! ow.ly/CVZ830bzg3F

• #MomsDontNeed to go back to work two weeks after giving birth (as 1/4 of new moms do).

• #MomsDontNeed to work while their children are sick!

**ZERO TO THREE**

• Download sample materials here.

**RAISING WOMEN’S VOICES FOR THE HEALTH CARE WE NEED**

• #MomsDontNeed our maternity coverage snatched away! Protect prenatal + maternity care! #DontPokeMamaBear

• #MomsDontNeed our pregnancies stigmatized as pre-existing conditions! Having children is not an illness! #DontPokeMamaBear

• Download a sample image here.

**CHILDBIRTH CONNECTION**

• #Momsdontneed misinformation about #childbirth. Moms need to know their options and receive support for their birth decisions.

• Before, during and after pregnancy, women need access to high-quality #maternity care. #Momsdontneed barriers to essential health care.

• #Momsdontneed to face unnecessary challenges when accessing quality #maternity care. We need the Quality Care for Moms and Babies Act!
EVERY CHILD MATTERS

HEALTH CARE

• #MomsDontNeed lifetime limits on healthcare leaving their children stranded. Lifetime limits limit lives!

• The ACA’s protections helped save kids like Timmy! #MomsDontNeed lifetime limits to deny their children care. http://bit.ly/2q382fQ

• Healthcare is life or death for kids like Timmy, #MomsDontNeed bad policy endangering their children! http://bit.ly/2q382fQ

• With wasps, power outlets, and big dogs already out in the world, #MomsDontNeed to add “paying for it” to their list of healthcare worries.

CHILD CARE

• Child care helps working mothers support their families, #MomsDontNeed bad policy to make that harder!

• #MomsDontNeed pity, they need support! Cutting access to affordable child care hurts kids and families!

• #MomsDontNeed another reason to worry about their children. Help make sure that #Congress doesn’t cut care for the most vulnerable.

PAID LEAVE

• #TBT getting a full night’s sleep. #MomsDontNeed less time with their newborns, they need more time (and sleep).

• We teach our kids not to run with scissors, #MomsDontNeed to worry about dangerous cuts in #Congress too.

• Taking care of a new family is fast-paced enough. Working #MomsDontNeed to be rushed back to work and away from their babies.

• Download sample images here.

MOMSRISING

COMEY

• #MomsDontNeed inaction. Tell yr U.S. Sen: We need an independent investigation into Trump’s ties to Russia now! Dial: 1-855-408-2357 #Comey
EQUAL PAY

- #MomsDontNeed unequal pay. Hardworking women & moms deserve to be paid equally & recognized for their contribution to the national economy. [EQUAL PAY FAN IMAGE]

- #MomsDontNeed an America where women r paid just 80 cents on the $1 paid to men. For women of color & moms the #wagegap is much larger.


- #MomsDontNeed this..FACT: The #wagegap between mothers and non-mothers is greater than between women and men — and it’s getting bigger.

LGBTQ

- #LGBTQ #MomsDontNeed increased risk of economic insecurity due to discrimination. But it happens. #NotOk #MoreThanMarriage

- #LGBTQ moms need #EqualPay, #PaidLeave & #PaidSickDays! #MomsDontNeed

- #Transgender #MomsDontNeed the trans* & gender nonconforming community to experience 4X poverty rate of general pop. Let's fix this!

- Black & Latina #LGBTQ #MomsDontNeed to be more likely to be in poverty & raising children than White counterparts.

PAID SICK DAYS

- #MomsDontNeed a situation where 43M people can't earn #paidsickdays, many of them moms. #MomsDoNeed the #HealthyFamiliesAct! #MothersDay

- #MomsDontNeed to have to choose between their family's health and a paycheck. #PaidSickDays are a basic workplace protection!

- #MomsDontNeed people w/o #paidsickdays to have to risk the basics when illness strikes. As breadwinners and caregivers, moms know this well.

- This Sunday, #MomsDontNeed just flowers and hugs. Moms also need workplace protections like #paidsickdays.

- WOW! #MomsDontNeed for families without #PaidSickDays to lose the equivalent of a month of groceries just because of 3.5 days of missed work
PREGNANT WORKERS

- #MomsDontNeed to be fired or forced on unpaid leave because they need #Pregnancy accommodations like a bottle of water or bathroom breaks.
- #MomsDontNeed a world where being #PregnantAtWork can mean getting fired right when you need health insurance & a paycheck most.
- #MomsDontNeed to be fired for a water break while #PregnantAtWork. This shouldn’t happen in 2017, but it does.
- In 2017 #MomsDontNeed to be forced to choose between their jobs and the health of their pregnancy. #PWFA this #MothersDay.
- You know what #MomsDontNeed this #MothersDay? For women #pregnantatwork to face discrimination. #PWFA
- #MomsDontNeed pregnancy to be a liability at work. It's time to pass #PWFA so women #PregnantAtWork don't end up jobless!

TAXES

- 21 million #moms are boosted by the #EITC and #CTC. Read their stories here: http://www.momsrising.org/EITCCTC/ #MomsDontNeed these programs cut.
- What #MomsDontNeed are tax breaks for the ultra wealthy and corporations instead of working families!
- #MomsDontNeed cuts to the #EITC & #CTC! These programs boosts families! We need a tax system that works for ALL,not just wealthy corps.
- #MomsDontNeed US corps to have skipped out on $700b in taxes. We could be using that for #childcare!

HEALTHCARE

- #Medicaid is critical to women’s health. #MomsDontNeed block grants weakening this resource! #MothersDay
- #Womenshealth is under attack. #MomsDontNeed policies that threaten their health and that of their families. #MothersDay
- Moms want access to quality, coordinated and patient-centered care to be healthy and protect their families' health. #MomsDontNeed threats to care. #WhatMomsDontNeed
• Before, during and after #pregnancy, women need access to high-quality #maternity care. #MomsDontNeed added barriers to care.

PAID LEAVE / #IPUMPEDHERE

• #MomsDontNeed to be pumping #breastmilk in bathroom stalls. #IPumpedHere

• #MomsDontNeed to be forced to go back to work within two weeks of having a baby b/c they don’t have #paidleave

• #MomsDontNeed to be forced to retire early b/c they have no #paidleave to use to care for caregiving responsibilities.

• Today’s #TBT? The wage penalty for motherhood bc it hasn’t improved in 30 years. #PaidLeave could help close the #wagegap. #MomsDontNeed

GUN SAFETY

• #MomsDontNeed > 20,000 children go to U.S. emergency rooms with gun injuries each year.

CENTER ON BUDGET AND POLICY PRIORITIES

• #MomsDontNeed $839 billion of Medicaid cuts: http://bit.ly/2po6yhv

• #MomsDontNeed tax cuts for the wealthy, they need access to health care: http://bit.ly/2po6yhv

• Medicaid supports women through their pregnancies. #MomsDontNeed cuts to this care. http://bit.ly/2po6yhv