Paid Leave Means A Stronger North Dakota

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Most working people in the United States do not have paid family leave through their jobs, including **about 79 percent** — **about 330,000 workers** — **in North Dakota.**¹ **Even** *unpaid* **leave under the federal Family and Medical Leave Act is**

inaccessible for 62 percent of North Dakotans.² The lack of paid leave exacerbates the state's economic and care challenges — from the cost of living, to a scarcity of reproductive and maternal health care, to an aging population, with devastating costs for North Dakotans and their families, public health and the economy.

Impossible choices between work and family are hurting North Dakota's economy, and women suffer most. Paid leave means people — especially women — aren't forced to leave the labor force to care for their families or health.

North Dakota's economy and families are suffering

- In North Dakota, there is a 10 percentage-point gap in labor force participation between women and men.³
- Nationally, if women participated in the U.S. labor force at the same rate as in Germany and Canada, our economy would benefit from more than \$775 billion in additional economic activity each year.⁴
- In North Dakota, a typical worker who takes four weeks of unpaid leave loses more than more than \$3,600 in income.⁵
- Paid leave improves employee retention, morale and productivity, reducing turnover for employers of all sizes and boosting the economy. But small employers often cannot provide the benefit and universal paid leave would help them do that.⁶

North Dakotans are caught between their work and family responsibilities. Paid leave means not having to choose between job and family.

- About 9,600 children are born in North Dakota each year, and in 75 percent of all North Dakota households with children nearly 130,000 homes all parents report to work.⁷
- Women's wages support their households. In North Dakota, 46 percent of white mothers are key family breadwinners. State-level data is limited, but nationally 79 percent of Black mothers, 64 percent of Native American mothers, 49 percent of Latina mothers and 43 percent of AAPI mothers are key breadwinners.⁸

People in North Dakota both work and provide care

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- Women make up nearly half North Dakota's labor force (45 percent) and one-quarter of its business owners (25 percent).⁹
- Across the country, many men want to play a larger role in caring for their children, but unsupportive policies and stigma hold them back.¹⁰

North Dakota families' care needs are increasing. Paid leave means older adults and disabled people can provide and receive care, and our care workforce is more resilient.

- More than one-fifth of North Dakota workers are 55 and older,¹¹ and in the next 20 years, North Dakota's population aged 65 and older will grow by 49,000.¹²
- Nationwide, nearly one third of all adults aged 55-64 and 41 percent of older Black women and 43 percent of older Latinas — hold a physically demanding job, ¹³ which may exacerbate or cause serious medical conditions that require care, particularly in older workers and workers with disabilities.¹⁴ In North Dakota, that would mean 20,500 older workers.¹⁵

The state's caregiving needs are growing

- About 46 percent of North Dakota nursing homes have a shortage of direct care workers.¹⁶ Paid leave reduces nursing home utilization and can help recruitment and retention of care workers.¹⁷
- An estimated 83,000 North Dakotans report having long-term COVID-19 symptoms that affect their daily activities.¹⁸ Paid leave is a critical support as we continue through this mass disabling event, which disproportionately impacts women, people of color and workers with low incomes.¹⁹
- Paid leave helps family caregivers and disabled people (who are often caregivers themselves) manage their health and care needs while maintaining their income and employment.²⁰

North Dakotans need a common sense, national paid leave program. We recommend one that:

- includes all workers, no matter where they live or work or what kind of job they have;
- replaces enough income that workers at any income level can afford leave;

A national paid leave plan is the solution

- provides enough time and covers the range of major needs workers face, including addressing their own health conditions, caring for seriously ill, injured or disabled family members and welcoming newborn, newly adopted or foster children;
- provides education and outreach to ease implementation for workers and small businesses;
- has a sustainable funding source that is affordable for workers, employers and the government without harming other essential programs.

National paid family and medical leave means a stronger economy, healthier families and businesses, and greater equality for all women and families.

To learn more, visit NationalPartnership.org/PaidLeave

1 U.S. Bureau of Labor Statistics. (2023, September). National Compensation Survey: Employee Benefits in the United States, March 2023 (Excel tables). Retrieved 16 January 2024, from https://www.bls.gov/ebs/publications/employee-benefits-in-the-united-states-march-2023.htm (Percent of civilian workers who have access to paid family leave by Census division); U.S. Bureau of Labor Statistics. (2023, November). Current Population Survey: State Employment and Unemployment (Table 1. Civilian labor force and unemployment by state and selected area, seasonally adjusted). Retrieved 16 January 2024, from https://www.bls.gov/news.release/laus.t01.htm

2 diversitydatakids.org. (2023, March). Indicators of FMLA Eligibility and Affordability for Working Adults. Retrieved 16 January 2024, from Brandeis University, The Heller School, Institute for Child, Youth and Family Policy website

https://data.diversitydatakids.org/dataset?vocab_Subtopic=FMLA&_ga=2.14449139.551199344.1673292061-1693714331.1656615545; Workers are considered unable to take unpaid FMLA leave because they are either ineligible based on employer size or job tenure requirements or because 12 weeks of lost wages from unpaid leave would result in their family income dropping to or below 200 percent of the Supplemental Poverty Measure.

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5 U.S. Bureau of Labor Statistics. (2023, April). May 2022 State Occupational Employment and Wage Estimates (Median Income, All Occupations). Retrieved 16 January 2024, from: https://www.bls.gov/oes/tables.htm

6 National Partnership for Women & Families. (2023, November). Paid Leave Works: Evidence from State Programs. Retrieved 16 January 2024, from https://nationalpartnership.org/wp-content/uploads/2023/02/paid-leave-works-evidence-from-state-programs.pdf

7 Centers for Disease Control and Prevention. (2023, June). National Vital Statistics Rapid Release, Births: Provisional Data for 2022 (Table 4. Total number of births, by state of residence, provisional 2022, and percentage of cesarean delivery and preterm births, by state of residence: United States, each state and territory, final 2021 and provisional 2022). Retrieved 16 January 2024, from https://www.cdc.gov/nchs/data/vsrr/vsrr028.pdf; U.S. Census Bureau. (2023, September). 2022 American Community Survey 1-Year Estimates (Table DP03). Retrieved 16 January 2024, from https://data.census.gov/

8 Shaw, E., Mason, C. N., Lacarte, V., & Jauregui, E. (2020, May). *Holding Up Half the Sky: Mothers as Workers, Primary Caregivers, & Breadwinners During COVID-*19. Retrieved 16 January 2024, from Institute for Women's Policy Research website: http://iwpr.org/wp-content/uploads/2020/07/Holding-Up-Half-the-Sky-Mothers-as-Breadwinners.pdf; "Key breadwinner" means a single mother who heads a household or a married mother who contributes 40 percent or more of the couple's joint earnings. Nationally, 79 percent of Black mothers, 64 percent of Native American mothers, 60 percent of mothers identifying as multiracial or "other" race, 49 percent of Latina mothers, 48 percent of white mothers and 43 percent of Asian/Pacific Islander mothers are key breadwinners.

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12 See note 3; University of Virginia Demographics Research Group. (2018). *National Population Projections: Projections for the 50 States and D.C. (Age and Sex)*. Retrieved 14 January 2024, from http://demographics.coopercenter.org/national-population-projections/?q=demographics/national-population-projections (Unpublished calculation based on projected rate of growth of older adult population from 2019 to 2040)

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17 Arora, K., & Wolf, D. A. (2017, November.) Does Paid Family Leave Reduce Nursing Home Use? The California Experience. *Journal of Policy Analysis and Management*, *37*(1), 38-62. doi: 10.1002/pam.22038; Espinoza, R. (2020). *Would You Stay? Rethinking Direct Care Job Quality*. Retrieved 16 January 2024, from PHI National website: https://www.phinational.org/caringforthefuture/wouldyoustay/

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The National Partnership for Women & Families is a nonprofit, nonpartisan advocacy group dedicated to promoting fairness in the workplace, reproductive health and rights, access to quality, affordable health care and policies that help all people meet the dual demands of work and family. More information is available at NationalPartnership.org.

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