

#MomsDontNeed Tweet Storm

[PROMOTIONAL TWEETS](#) | [SHAREABLE IMAGES](#) | [SAMPLE TWEETS BY CO-SPONSOR](#)

In honor of Mother's Day, join advocates and individuals across the country in calling attention to recent actions and policies that threaten mothers and families while highlighting the kind of supports they and all people truly need to protect and advance their economic security, health and safety, and more.

When: Thursday, May 10, 3 – 4 p.m. ET

Hashtags: #MomsDontNeed, #MothersDay

Groups are also encouraged to drive messages directly to lawmakers through their own lists and tools such as [WeTweet.org/Moms](https://www.wetweet.org/Moms), which allows users to tweet messages at their members of Congress. Shortcut URLs for the issues included on WeTweet.org are included in the sample tweets below.

CO-SPONSORS

A Better Balance	@abetterbalance
American Association of Birth Centers	@birthcenters
American Association of University Women (AAUW)	@AAUW
Bixby Center for Global Reproductive Health	@UCSFBixby
Children's Defense Fund	@childdefender
Coalition of Labor Union Women	@CLUWNational
CWS	@cws_global
Every Child Matters	@votingforkids
Family Values @ Work	@fmlyvalueswork
Indiana Institute for Working Families	@INInstitute
Jewish Women International (JWI)	@JewishWomenIntl
Keep Birth Control Copay-Free	@KeepBCFree

Labor Project for Working Families	@LaborProject
Main Street Alliance	@mainstreettweets
Make It Work Nevada	@miw_nevada
MomsRising	@MomsRising
Movement Advancement Project (MAP)	@lgbtmap
National Asian Pacific American Women's Forum (NAPAWF)	@napawf
National Council of Jewish Women	@NCJW
National Institute for Reproductive Health (NIRH)	@NIRHealth
National Partnership for Women & Families	@NPWF
National Women's Law Center	@nwlc
Raising Women's Voices	@RWV4HealthCare
Roosevelt Institute	@rooseveltinst
Sargent Shriver National Center on Poverty Law	@ShriverCenter
Service Women's Action Network	
Sierra Club	@sierraclub
State Innovation Exchange	@stateinnovation
The Arc of the United States	@TheArcUS
The Leadership Conference on Civil and Human Rights	@civilrightsorg

PROMOTIONAL TWEETS

- This #MothersDay, #momsdontneed empty promises. Tweet at 3 p.m. ET on Thursday, May 10 to tell Congress to advance policies that support all women and families.
- Este #Díadelamadre, #momsdontneed promesas vacías. Envía tweets este jueves 10 de mayo a las 3 p.m. ET para decirle al Congreso que avance políticas que apoyan a todas las mujeres y a sus familias. #MothersDay
- Use #MomsDontNeed at 3 p.m. ET on Thursday, May 10 to contrast recent threats with the policy supports all women and families truly need.
- Usa #MomsDontNeed el jueves 10 de mayo a las 3 p.m. ET para contrastar las amenazas recientes con políticas que proveen los apoyos que todas las mujeres y sus familias necesitan. #MothersDay
- This #MothersDay, moms need policies that promote their health and well-being – not threaten them. Use #MomsDontNeed on Thursday, May 10 at 3 p.m. ET.
- Este #Díadelamadre, las mamás necesitan políticas que promueven su salud y bienestar – no que las amenacen. Usa #MomsDontNeed el jueves 10 de mayo a las 3 p.m. ET.
- Join us on Thursday, May 10 from 3 – 4 p.m. ET to remind lawmakers that #momsdontneed policies that make life harder for women and families! ¡Únetenos este jueves 10 de mayo de las 3-4 p.m. ET para recordarles a los legisladores que #momsdontneed políticas que hagan más difíciles las vidas de las mujeres y sus familias!
- On Thursday at 3 p.m. ET, use [WeTweet.org/Moms](https://www.iletweet.org/moms) to tell Congress #momsdontneed threats to their economic security, health or safety!
- ¡El jueves a las 3 p.m. ET, usa [WeTweet.org/Moms](https://www.iletweet.org/moms) para decirle al Congreso que #momsdontneed amenazas a su seguridad económica y salud!

SHAREABLE IMAGES AND GIF



Download the shareable images and gif [here](#).

SAMPLE TWEETS BY CO-SPONSOR

NATIONAL PARTNERSHIP FOR WOMEN & FAMILIES

PAID FAMILY AND MEDICAL LEAVE

- #Momsdontneed reckless #paidleave proposals that would endanger Social Security. A national paid leave plan should build on successful, stable programs already working well in four states. #FAMILYAct #MothersDay
- #Momsdontneed propuestas insensatas de #paidleave que ponen en peligro el Seguro Social. Un plan nacional de ausencia pagada debe ser construido a base de programas exitosos y estables que están funcionando bien en cuatro estados. #FAMILYAct #MothersDay #DíadelaMadre
- #Momsdontneed the Trump administration's #paidleave tax credit, which will not meaningfully increase access to paid leave. Instead, it's another corporate giveaway that has little chance of helping struggling families. The #FAMILYAct offers a real national solution. #MothersDay
- #Momsdontneed el crédito de impuestos propuesto por la administración Trump. No incrementaría el acceso a la ausencia pagada. Al contrario, sería otro regalo corporativo que tiene pocas probabilidades de ayudar a las familias. El #FAMILYAct ofrece una solución nacional verdadera.

- #Momsdontneed a system that forces them to choose between their health or families and a job. We need national #paidleave for all. #FAMILYAct now! #MothersDay
- #Momsdontneed un sistema que las obliga a escoger entre un trabajo o su salud y la de sus familias. Necesitamos #paidleave nacional para todos. ¡#FAMILYAct ahora! #MothersDay #Díadelamadre
- #Momsdontneed false promises this #MothersDay. Congress, pass the #FAMILYAct to create a national #paidleave program for all working people!
- #Momsdontneed promesas falsas este #Díadelamadre. Congreso: ¡Aprueba el #FAMILYAct para crear un programa nacional de #paidleave para toda la gente que trabaja! #MothersDay
- Nearly 25% of new mothers in the United States return to work within just two weeks of giving birth. #Momsdontneed empty promises – we need #paidleave! #MothersDay
- Casi el 25% de las madres nuevas en los Estados Unidos regresan a trabajar en las dos semanas siguientes al parto. ¡#Momsdontneed promesas vacías – necesitamos #paidleave!
- Mothers are breadwinners in half of families with children under 18. Not having #paidleave means some mothers will miss work – and a paycheck – to care for loved ones. #caregiving #MomsDontNeed #MothersDay [WeTweet.org/leave](https://www.wetweet.org/leave)
- Las madres son proveedoras en la mitad de familias con niños menores de 18 años. El no tener #paidleave significa que algunas madres pierden de trabajar – al igual que sus sueldos – para cuidar de sus seres queridos. #caregiving #MomsDontNeed #MothersDay [WeTweet.org/leave](https://www.wetweet.org/leave)
- This #MothersDay, #momsdontneed to wait any longer. We need #paidleave and the #FAMILYAct – which checks all the boxes on the #PaidLeaveChecklist! #MothersDay
 - Download the #PaidLeaveChecklist gif [here](#).
- Este #Díadelamadre, las mamás no pueden esperar más. ¡Necesitamos #paidleave y el #FAMILYAct, el cual marca todas las casillas del #PaidLeaveChecklist! #MomsDontNeed #MothersDay

- Download the Spanish language version [here](#).
- These data show states are dealing with significant and growing demands for care. #Momsdontneed false promises. Moms need time to care for their families and themselves. #caregiving NationalPartnership.org/PaidLeaveMeansMap
- Estos datos muestran que los estados están lidiando con una demanda de cuidado familiar creciente y significativa. #Momsdontneed promesas falsas. Las mamás necesitan tiempo para cuidar a sus familias y de sí mismas. #caregiving NationalPartnership.org/PaidLeaveMeansMap
- Love is love and family is family. #Momsdontneed harmful #paidleave policies that exclude #LGBTQ parents. Moms need #timetocare for their loved ones. npwf.info/2qVFdTk
- El amor es el amor y la familia es la familia. #Momsdontneed políticas de #paidleave que perjudican y excluyen a los padres #LGBTQ. Las mamás necesitan #timetocare de sus seres queridos. npwf.info/2qVFdTk

PAID SICK DAYS

- #Momsdontneed to worry about the bills when illness strikes. We all need the #HFAnow and the economic security it provides to all workers and their families. #paysickdays #MothersDay
- Las mamás no deberían preocuparse por las cuentas cuando llega alguna enfermedad. Todos necesitamos el #HFAnow y la seguridad económica que provee a todos los trabajadores y a sus familias. #MomsDontNeed #paysickdays #MothersDay
- As breadwinners and caregivers, #momsdontneed to continue to struggle without #paysickdays. Millions of America's workers need the #HFAnow. #MothersDay npwf.info/1hF4Pfl
- Como sostenes económicos y por el hecho de estar al cuidado de sus familias, las mamás no deberían continuar luchando sin #paysickdays. Millones de trabajadores en los Estados Unidos necesitan #HFAnow. #MomsDontNeed #MothersDay npwf.info/1hF4Pfl

- Many #paysickdays laws include critical time for #DV survivors to seek help. #Momsdontneed lawmakers who undermine #paysickdays laws. Moms deserve to be safe. #MothersDay npwf.info/1g8IODv
- Muchas de las leyes de #paysickdays incluyen tiempo crucial para que los sobrevivientes de la #violenciadoméstica puedan buscar ayuda. #Momsdontneed legisladores que debiliten sus #paysickdays. Las mamás se merecen estar sanas y salvas. #MothersDay #DV npwf.info/1g8IODv
- Millions of employed family caregivers struggle without #paysickdays. Moms need #caregiving support. #MothersDay npwf.info/1PtU8xY
- Millones de empleados que cuidan de sus familias sufren sin #paysickdays. Las mamás necesitan apoyo para cuidar de sus familias. #MothersDay #Díadelamadre npwf.info/1PtU8xY
- #Momsdontneed to choose between a child's health and a paycheck. The evidence shows #paysickdays laws benefit workers, businesses, our economy and public health. #MothersDay npwf.info/1TRRJJK
- Las mamás no deberían escoger entre la salud de sus hijas/os y su sueldos. La evidencia demuestra que las leyes de #paysickdays benefician a los trabajadores, los negocios, la economía y la salud pública. #MomsDontNeed #MothersDay #Díadelamadre npwf.info/1TRRJJK
- Congress, this #MothersDay, #momsdontneed empty words. They need action! Congress, pass #paysickdays with the #HFAnow! #MothersDay WeTweet.org/psd
- Congreso, este #Díadelamadre, #momsdontneed palabras vacías. ¡Necesitan acción! ¡Congreso, aprueba #paysickdays con #HFAnow! #MothersDay WeTweet.org/psd
- Most working-age people who use SNAP already work. But too many jobs provide low pay, unpredictable schedules and a lack of #paysickdays, causing unreliable income and frequent job turnover. #Momsdontneed that. #SNAPMatters #MothersDay
- La mayoría de personas en edad para trabajar y que participan en el Programa de Asistencia Suplementaria de Nutrición (SNAP) ya trabajan. Pero muchos trabajos

dan sueldos bajos, horarios impredecibles y no tienen #paysickdays.
#Momsdontneed eso. #SNAPmatters #MothersDay

- #Momsdontneed to be deceived. Voters, working people and lawmakers across the country are fighting for – and winning – #paysickdays. The deceptively named “#workflexbill” would undermine their voices and take away these important protections. #MothersDay
- Las mamás no deben ser engañadas. Los votantes, la gente que trabaja y legisladores en todo el país están luchando – y ganando – #paysickdays. La propuesta engañosamente llamada “#workflexbill” debilitaría sus voces y acabaría con estas protecciones importantes. #MomsDontNeed
- Tens of millions of people are covered by state or local #paysickdays laws. #Momsdontneed their rights to be taken away or undermined by the deceptively named #workflexbill. #NoHR4219 #SaveSickDays #MothersDay npwf.info/2zD7wrH
- Millones de personas tienen protección bajo leyes locales o estatales de #paysickdays. #Momsdontneed que les quiten sus derechos o que seandebilitados por la propuesta de ley engañosamente llamada “#workflexbill.” #NoHR4219 #SaveSickDays #MothersDay npwf.info/2zD7wrH
- Latinx moms without #paysickdays know why it’s important to advance and #savesickdays laws from efforts to undermine them (read: “#workflexbill”). #NoHR4219 #MomsDontNeed npwf.info/1ZDzzPu
- Las mamás #Latinx sin #paysickdays saben lo importante que es avanzar y proteger las leyes de #paysickdays de los esfuerzos para debilitarlas, como el “workflexbill.” #NoHR4219 #MomsDontNeed #SaveSickDays npwf.info/1ZDzzPu
- Millions of Black workers cannot earn #paysickdays. We need to advance and #savesickdays laws, not undermine them! #Momsdontneed the “#workflexbill,” which would take away paid sick days and thwart progress. #NoHR4219 npwf.info/1LkFrDI
- ¡Millones de trabajadores afroamericanos no tienen #paysickdays! ¡Necesitamos avanzar y proteger las leyes de #paysickdays, no debilitarlas! #Momsdontneed el “#workflexbill,” el cual acabaría con los #paysickdays y frustraría su progreso. #NoHR4219 npwf.info/1LkFrDI

FAIR PAY

- #Momsdontneed the #wagegap, which affects women in every corner of the country, and it's worse for women of color. Moms need #fairpay and a #minimumwage increase. #MothersDay [NationalPartnership.org/gap](https://nationalpartnership.org/gap)
- #Momsdontneed la #brechasalarial, la cual afecta a las mujeres en cada rincón del país y es peor para las mujeres de color. Las mamás necesitan #fairpay y un aumento al salario mínimo. #wagegap #Díadelamadre #MothersDay [NationalPartnership.org/gap](https://nationalpartnership.org/gap)
- #Momsdontneed to lose pay and promotions due to the “motherhood penalty.” This #MothersDay, moms – especially moms of color – need #fairpay. Now.
- Las mamás no necesitan perder sueldo y ascensos a causa de la “penalidad por la maternidad.” Este #Díadelamadre, las mamás – especialmente las mamás de color necesitan #fairpay. Ahora. #MomsDontNeed #MothersDay
- Latinas are typically paid just 54¢ for every \$1 paid to white, non-Hispanic men. Latinx #momsdontneed to continue to experience the largest gender #wagegap. #MothersDay #fairpay npwf.info/19PBMjz
- A las Latinas típicamente se les paga solo 54¢ por cada \$1 pagado a hombres blancos no hispanos. Las madres Latinx no deberían continuar a experimentar la #brechasalarial más grande que hay por género. #wagegap #MomsDontNeed #MothersDay #fairpay npwf.info/19PBMjz
- More than 80% of Black mothers are key breadwinners for their families. #Momsdontneed discrimination that contributes to a pernicious #wagegap. #MothersDay #fairpay npwf.info/1f7YLDF
- Más del 80% de las madres afroamericanas son sostenes económicos claves para sus familias. #Momsdontneed discriminación que contribuye a la #brechasalarial. #wagegap #MotherDay #Díadelamadre #fairpay npwf.info/1f7YLDF
- #AAPI women are paid 87¢ for every \$1 paid to white, non-Hispanic men, but the #wagegap for certain ethnic subgroups is much worse. #Momsdontneed harmful stereotypes that obscure the damaging effects of the wage gap. #MothersDay #fairpay npwf.info/2EVSZwJ

- A las mujeres asiáticas se les paga 87¢ por cada \$1 pagado a hombres blancos no hispanos. Pero para algunos subgrupos étnicos dentro de la comunidad, la #brechasalarial es mucho peor. #MothersDay #fairpay #AAPI npwf.info/2EVSZwJ
- Congress, #momsdontneed hollow promises. They need the #PaycheckFairness Act to combat harmful pay discrimination. #MothersDay WeTweet.org/fair
- Congreso, #momsdontneed promesas huecas. Necesitan el #PaycheckFairness Act para combatir la discriminación salarial. #MothersDay #Díadelamadre WeTweet.org/fair
- #Momsdontneed any more lost time or wages. Pay transparency is critical to closing the gender #wagegap. The #PaycheckFairness Act would protect employees from retaliation for discussing salaries with colleagues. #MothersDay npwf.info/1t9AVkK
- #Momsdontneed más tiempo o sueldo perdido. La transparencia salarial es crítica para cerrar la #brechasalarial por causa de género. El #PaycheckFairness Act protegería a los empleados de represalias por hablar con sus colegas acerca de sus salarios. npwf.info/1t9AVkK
- #Momsdontneed the Trump administration to undermine attempts to identify, stop and remedy unlawful pay discrimination. They need the EEOC to proceed with collecting #paydatanow in order to help achieve #fairpay. #MothersDay #Time4Transparency
- #Momsdontneed que la administración Trump debilite los esfuerzos para identificar, parar y remediar la discriminación de pago ilegal. Necesitan que el EEOC proceda con la recopilación de #paydatanow para obtener #fairpay. #MothersDay #Time4Transparency
- In workplaces where sexual harassment is not addressed, women may feel less empowered to negotiate salaries and raises, depressing long-term earnings and advancements. #MeToo #MomsDontNeed #MothersDay npwf.info/2IGDd7f
- En los sitios de trabajo donde el acoso sexual no es corregido, las mujeres pueden sentirse menos empoderadas para negociar sus salarios o incrementos salariales, oprimiendo sus ganancias y avances laborales a largo plazo. #MeToo #MomsDontNeed #MothersDay npwf.info/2IGDd7f

WORKPLACE DISCRIMINATION

- This #Mothersday, #momsdontneed pregnancy discrimination, which is a harsh reality for many and harms families at a critical time. The #PWFA would help promote healthy pregnancies and financial stability for people #pregnantatwork and their families.
- Este #Díadelamadre, #momsdontneed la discriminación por embarazo, la cual es una realidad dura para muchas y perjudica a sus familias. El #PWFA ayudaría a promover embarazos más saludables y la estabilidad financiera para las personas #pregnantatwork y sus familias. #MothersDay
- In 2018, a woman shouldn't be forced to choose between her job and the health of her pregnancy. This #MothersDay, moms need the #PWFA. #MomsDontNeed
- En el 2018, una mujer no debe ser obligada a escoger entre su trabajo y la salud de su embarazo. Este #Díadelamadre, las mamás necesitan el #PWFA. #MomsDontNeed
- #Momsdontneed discrimination based on sex, sexual orientation and gender identity. The Equality Act is long overdue. #EqualityForward #MothersDay
- #Momsdontneed discriminación basada en su sexo, orientación sexual o identidad de género. #EqualityForward #MothersDay #Díadelamadre
- #Momsdontneed a country in which people can be fired simply because of their sexual orientation or gender identity. #EqualityForward #MothersDay
- #Momsdontneed un país en el cual la gente puede ser despedida simplemente por su orientación sexual o identidad de género. #EqualityForward #MothersDay

SCHEDULING

- Unpredictable scheduling practices are what #momsdontneed. #Schedulesthatwork are a matter of basic fairness. #MothersDay
- Las practicas de programación de horarios impredecibles son lo que #momsdontneed. #Schedulesthatwork son un asunto de justicia básica. MothersDay #Díadelamadre

- #Momsdontneed the uncertainty that unpredictable scheduling practices create. We all need more control and stability. We all need the #SchedulesThatWork Act, which would strengthen families' economic security.
- #Momsdontneed la incertidumbre que las prácticas de programación de horarios impredecibles generan. Todos necesitamos más control y estabilidad. Todos necesitamos el #SchedulesThatWork Act, el cual fortalecería la seguridad económica de las familias.

CHILD CARE

- #Momsdontneed excessive #childcare costs, which pushes #childcare far out of reach for too many. Parents need vastly improved access to affordable, highquality care and support for caregivers. #MothersDay
- #Momsdontneed costos excesivos para el cuidado de niños, lo cual pone fuera del alcance este cuidado para muchos. Los padres de familia necesitan acceso mejorado al cuidado económico y de alta calidad y apoyos para aquellos que cuidan de sus familias. #MothersDay #childcare
- #Momsdontneed regressive #childcare plans. This #MothersDay, parents need solutions that will benefit all families and make care truly affordable.
- #Momsdontneed planes regresivos para el cuidado de niños. Este #Díadelamadre, los padres necesitan soluciones que benefician a todas la familias y hacen este tipo de cuidado verdaderamente económico.

STRONG UNIONS

- #Momsdontneed #Janus, which is a shameful attempt to hurt unions because they give workers a powerful voice in speaking up for themselves, their families and their communities. #UnrigtheEconomy #MothersDay
- #Momsdontneed #Janus, un intento bochornoso para hacerle daño a los sindicatos porque le dan una voz poderosa a los trabajadores para defenderse a sí mismos, a sus familias, y a sus comunidades. #UnrigtheEconomy #MothersDay #Díadelamadre
- When workers can come together in strong #unions, we all win. #Momsdontneed threats to our ability to live and work in a fair and safe country. #UnrigtheSystem #ItsAboutFreedom #MothersDay

- Cuando los trabajadores se unen para formar sindicatos fuertes, todos ganamos. #Momsdontneed amenazas a nuestra capacidad para vivir y trabajar en un país justo y seguro. #UnrigtheSystem ItsAllAboutFreedom #MothersDay #Díadelamadre
- Unions support working families with higher pay and greater access to #paidleave and #paysickdays. Everyone benefits when working people join a strong union and can access family friendly policies. #1u #MothersDay
- Los sindicatos apoyan a las familias que trabajan con sueldos más altos y acceso mejorado al #paidleave y #paysickdays. Todos obtienen beneficios cuando las personas que trabajan se unen a un sindicato fuerte y tienen acceso a políticas. #1u #MothersDay #Díadelamadre

HEALTH CARE

- What moms need: Quality, coordinated, woman-centered #healthcare. What #momsdontneed: Continued attacks on the #ACA. #ProtectOurCare WeTweet.org/ACA
- Lo que las mamás necesitan: Cuidado de salud de alta calidad, coordinado y centrado en la mujer. Lo que #momsdontneed: Ataques continuos al #ACA. #ProtectOurCare #Díadelamadre WeTweet.org/ACA
- #Momsdontneed to pay higher premiums for less comprehensive health care coverage. We need the #ACA! Congress, #protectourcare!
- Las mamás no necesitan pagar primas más altas por cobertura de salud menos comprensiva. ¡Necesitamos el #ACA! ¡Congreso, #protectourcare!
- #Momsdontneed a weakened #Medicaid program – we need more, not less access to quality health care throughout our lives. #ProtectOurCare
- #Momsdontneed un programa de #Medicaid débil. Necesitamos más – no menos – acceso al cuidado de salud de alta calidad a lo largo de nuestras vidas. #ProtectOurCare
- #Momsdontneed #Medicaid work requirements, which make no sense because most people on assistance already work, nearly half of part-time workers can't work more and many who are unable to work need Medicaid the most. Instead, strengthen Medicaid!

- #Momsdontneed requisitos de trabajo para obtener #Medicaid. La mayoría de personas que usan esta asistencia trabajan. Casi la mitad de los trabajadores que trabajan a tiempo parcial no pueden trabajar más y muchos que no pueden trabajar son los que más necesitan #Medicaid.
- #Momsdontneed attacks on the Affordable Care Act that strip away essential health benefits like #maternity care. Moms have \$0 preventive services, thanks to the #ACA! #CareWomenDeserve #ProtectOurCare #MothersDay
- #Momsdontneed ataques a la Ley de Cuidado de Salud que eliminan beneficios de salud esenciales como el cuidado de maternidad. ¡Las mamás necesitan servicios preventivos que cuestan \$0, gracias al #ACA! #CareWomenDeserve #ProtectOurCare #MothersDay
- Despite substantial gains in coverage, women of color continue to face persistent health care disparities. Moms need progress to eliminate health inequities now. npwf.info/2w5ST1O
- A pesar de los logros substanciales en la cobertura de salud, las mujeres de color continúan a enfrentar desigualdades persistentes en el cuidado de salud. Las mamás necesitan progreso para eliminar estas disparidades de salud ahora. #MomsDontNeed npwf.info/2w5ST1O
- #Momsdontneed barriers that stand in the way of accessing our digital health information. We need patient-centered #healthIT policies!
- #Momsdontneed barreras que se interponen en el camino del acceso a nuestra información de salud digitalizada. ¡Necesitamos políticas de #healthIT centradas en los pacientes!
- #Momsdontneed yet another errand to run. #HealthIT can make it easier for mom to be the health care coordinator-in-chief. #MothersDay
- #Momsdontneed no necesitan otro mandado en su lista. #HealthIT facilita el que las madres sean jefas coordinadoras del cuidado de salud de sus familias. #MothersDay
- #MomsDontNeed outdated maternity care practices and routines that aren't evidence-based. We need high-quality #maternity care. #MothersDay #Momsdontneed prácticas de maternidad anticuadas y rutinas que no son

basadas en la evidencia. Necesitamos cuidado de maternidad de alta calidad.
#MothersDay

- Maternal mortality for Black women in the United States is devastatingly high. #Momsdontneed lawmakers who ignore this crisis. This #MothersDay, moms need #maternity care so that all childbearing women and babies receive high quality, woman- and family-centered care.
- La mortalidad materna para las mujeres afroamericanas en los Estados Unidos es alta. #Momsdontneed legisladores que ignoran esta crisis. Este #Díadelamadre, las mamás necesitan cuidado de maternidad de alta calidad centrado en la mujer y la familia.
- Black women in the United States are more likely to die from pregnancy or childbirth than women of any other race. Black moms need Congress to take action. #MomsDontNeed #MothersDay npwf.info/2lOem1l
- Las mujeres afroamericanas en los Estados Unidos son más propensas a morir por causa del embarazo o el parto que las mujeres de cualquier otra raza. Las mamás afroamericanas necesitan que el Congreso tome acción.
#MomsDontNeed #MothersDay npwf.info/2lOem1l

ABORTION CARE

- #Momsdontneed politicians in the exam room when they are making decisions about their #reprohealth. #MothersDay
- #Momsdontneed políticos en sala de exámenes cuando están tomando decisiones acerca de su propia salud reproductiva. #MothersDay #reprohealth #Díadelamadre
- #Momsdontneed to explain why women need access to #abortion care. #MothersDay
- Las mamás no necesitan explicar porque las mujeres necesitan acceso al cuidado de aborto. #MothersDay #Díadelamadre
- #Momsdontneed politicians turning #liesintolaws and pushing #abortion care out of reach. We need evidence-based #abortion care for all. #MothersDay

- #Momsdontneed que los políticos conviertan #liesintolaw y pongan fuera de alcance el cuidado de #aborto. Necesitamos cuidado de aborto para todos que esté basado en la evidencia. #MothersDay Díadelamadre
- #Momsdontneed #BadMedicine laws that make #abortion care more expensive and harder to get. We need access. #MothersDay [WeTweet.org/repro](https://www.wetweet.org/repro)
- #Momsdontneed leyes de #BadMedicine que hacen el cuidado de aborto mas caro y difícil de encontrar. Necesitamos acceso. #MothersDay [WeTweet.org/repro](https://www.wetweet.org/repro)
- #Momsdontneed #abortion restrictions that block care for those who need it most: low-income families, young people and women of color. #MothersDay
- #Momsdontneed restricciones de #aborto que bloquean el cuidado para aquellos que más lo necesitan: las familias de bajos ingresos, los jóvenes y las mujeres de color. #MothersDay
- #Momsdontneed #abortion bans that disproportionately harm immigrants. We need #reprohealth care for all. #MothersDay
- #Momsdontneed prohibiciones de #aborto que perjudican desproporcionadamente a los inmigrantes. Necesitamos salud reproductiva para todos. #abortion #MothersDay #Díadelamadre
- #Momsdontneed lies. #Abortion opponents are lying when they claim that fake women's health centers provide accurate information about all pregnancy options.
- The truth is they mislead, shame and pressure women. #EndTheLies #ExposeFakeClinics
- #Momsdontneed mentiras. Los opositores del #aborto mienten cuando afirman que centros de salud para mujeres falsos dan información acertada de todas las opciones de embarazo. La verdad es que engañan, avergüenzan y presionan a las mujeres. #EndTheLies #ExposeFakeClinics

CONTRACEPTION

- #Momsdontneed roadblocks to #contraception. Everyone needs access to comprehensive #reprohealth care and #birthcontrol. #MothersDay

- #Momsdontneed obstáculos a los #anticonceptivos. Todos necesitan acceso a cuidado de salud reproductivo comprensivo y a los anticonceptivos. #birthcontrol #reprohealth #MothersDay #Díadelamadre
- #Momsdontneed to worry about paying for their birth control. Women need access to affordable contraception to plan their futures and decide if/when/how to expand their families. #MothersDay
- Las mamás no deberían preocuparse por pagar sus anticonceptivos. Las mujeres necesitan acceso económico a los anticonceptivos para planear sus futuros y decidir cuándo y cómo quieren expandir sus familias. #MomsDontNeed #Díadelamadre #MothersDay
- #Momsdontneed cuts to #TitleX which make it harder for low-income people to access family planning and sexual health care. Everyone deserves access to contraception. #MothersDay [WeTweet.org/repro](https://www.wetweet.org/repro)
- #Momsdontneed recortes al #TitleX que hacen más difícil el acceso a planificación familiar y cuidado de salud sexual a las familias de bajos ingresos. Todos merecen acceso a los anticonceptivos. #MothersDay #Díadelamadre [WeTweet.org/repro](https://www.wetweet.org/repro)

COMMUNITIES AT RISK

- #Momsdontneed actions that sow hatred and division, and intensify discrimination. We need real leadership, compassion and respect. #MothersDay [WeTweet.org/Moms](https://www.wetweet.org/Moms)
- #Momsdontneed acciones que siembran el odio y la división e intensifican la discriminación. Necesitamos liderazgo verdadero, compasión y respeto. #MothersDay [WeTweet.org/Moms](https://www.wetweet.org/Moms)
- #Momsdontneed threats to women, immigrants, the LGBTQ and disability communities and people of color. We need equal rights and justice for a stronger America. #MothersDay
- #Momsdontneed amenazas hacia las mujeres, inmigrantes, las personas LGBTQ y las comunidades discapacitadas e minoritarias. Necesitamos igualdad de derechos y justicia para un Estados Unidos más fuerte. #MothersDay

- #Momsdontneed cruel immigration policies and raids that tear their families apart. When immigrants thrive, our nation thrives. Moms and their families need the #DREAMActnow! #MothersDay
- #Momsdontneed políticas de inmigración crueles y redadas que separan familias. Cuando los inmigrantes prosperan, nuestra nación prospera. Las mamás y sus familias necesitan el #DREAMActnow! #MothersDay
- #Momsdontneed a war on immigrants and refugees. We need a nation that is safe and welcoming, especially to those most in need. Moms need the #DREAMActnow! #MothersDay [WeTweet.org/DREAM](https://www.tweetdeck.com/WeTweet.org/DREAM)
- #Momsdontneed una guerra en contra de los inmigrantes y refugiados. Necesitamos una nación segura y una cual da la bienvenida a todos, especialmente a aquellos que más lo necesitan. Las mamás necesitan el #DREAMActnow! #MothersDay [WeTweet.org/DREAM](https://www.tweetdeck.com/WeTweet.org/DREAM)
- DACA recipients deserve the security of knowing their status is secure. #Momsdontneed to face uncertainty every day. We stand with DREAMers in demanding that Congress end the inexcusable delays and pass the #DREAMActnow.
- Los beneficiarios de DACA merecen tener la certeza de que su estatus está seguro. #Momsdontneed enfrentar la incertidumbre cada día. Estamos unidos con los DREAMers al exigirle al Congreso que acabe con las demoras inexcusables y apruebe el #DREAMActnow.
- #Momsdontneed actions that put a bull's eye on the backs of their transgender kids. Our schools and communities must be safe for everyone. #MothersDay
- #Momsdontneed acciones que le ponen el blanco a los niños transgéneros. Nuestras escuelas y comunidades deben ser seguras para todos. #MothersDay.
- This #MothersDay, moms deserve to feel safe. #Momsdontneed officials who ignore threats, discrimination and hate crimes against #LGBTQ people. #EqualityForward
- Este #Díadelamadre, las mamás merecen sentirse seguras. #Momsdontneed que los oficiales ignoren las amenazas, discriminación y crímenes de odio en contra de las personas #LGBTQ. #EqualityForward

- #Momsdontneed actions that further criminalize and harm communities of color. We need equal protection and justice for all. #MothersDay
- #Momsdontneed acciones que criminalizan y le hacen más daño aun a las comunidades de color. Necesitamos la igualdad ante la ley y justicia para todos. #MothersDay #Díadelamadre
- #Momsdontneed budget cuts that erode the safety net and undermine enforcement of critical laws. We need investments in food, nutrition, health, education and housing. #MothersDay
- #Momsdontneed recortes al presupuesto que erosionan la red de seguridad social y debilita la ejecución de leyes críticas. Necesitamos inversiones en la comida, nutrición, salud, educación y vivienda. #MothersDay #Díadelamadre

SARGENT SHRIVER NATIONAL CENTER ON POVERTY LAW

WORK REQUIREMENTS

- Know what low-income and working mothers don't need this #MothersDay (or EVER)? The Trump Administration's proposed cuts to food, housing, and medical assistance. <http://ow.ly/jot130jRmxf> via @ShriverCenter #MomsDontNeed #HandsOff
- #MomsDontNeed so-called "work requirements." Rather than helping them find or maintain work, they will make it much, much more difficult. <http://ow.ly/fWf530jRmOT> via @ShriverCenter #HandsOff
- So-called work requirements will be particularly harmful for low-income women. #MomsDontNeed these backdoor benefit cuts! <http://ow.ly/fWf530jRmOT> via @ShriverCenter #MothersDay #HandsOff

PUBLIC CHARGE

- Immigrant mothers shouldn't have to choose between meeting their basic needs and staying with their loved ones. #MomsDontNeed the Trump Administration's racially-fueled expansion of the so-called "public charge" doctrine. <http://ow.ly/qCdq30jRns0> #MothersDay #ProtectFamilies
- This #MothersDay (or any day), immigrant #MomsDontNeed the Trump Administration's anti-immigrant rhetoric and policy agenda. <http://ow.ly/qCdq30jRns0> #ProtectFamilies

HOUSING

- This #MothersDay, low-income and working mothers don't need their rents raised or crucial #childcare deductions eliminated, @SecretaryCarson. <http://ow.ly/DtcC30jRmQX> via @ShriverCenter #MomsDontNeed #CutsHurt #HandsOff
- As millions of low-income and working mothers face one of our country's worst #affordablehousing crises of all time, the last thing they need is their rents raised and housing assistance cut. <http://ow.ly/DtcC30jRmQX> via @ShriverCenter cc: @SecretaryCarson #MomsDontNeed #HandsOff

FOOD ASSISTANCE

- #SNAPworks to support low-income and working mothers. Yet @ConawayTX11's #FarmBill would impose deep cuts to this crucial anti-hunger program. <http://ow.ly/aKMc30jRn4D> via @ShriverCenter #MomsDontNeed #HandsOffSNAP
- Know what low-income and working #MomsDontNeed this #MothersDay (or EVER)? Food swiped off their table through cuts to #SNAP. <http://ow.ly/aKMc30jRn4D> via @ShriverCenter cc: @ConawayTX11 #HandsOffSNAP

GENDER WAGE GAP

- #MomsDontNeed the #genderwagegap! And neither do the millions of families that rely on them. <http://ow.ly/10JZ30jRmI4> via @ShriverCenter #MothersDay #EqualPay #NoSalaryHistory
- Each year, the #GenderWageGap drives millions of working mothers and their families into poverty. It's well past time to achieve #EqualPay for equal work! <http://ow.ly/10JZ30jRmI4> via @ShriverCenter #MothersDay #MomsDontNeed #NoSalaryHistory

HEALTH CARE

- Know what low-income and working #MomsDontNeed this #MothersDay (or EVER)? #TrumpCare's #JunkInsurance: <http://ow.ly/KiCa30jRmXd> via @stephanibecker, @ShriverCenter #ProtectOurCare #StopJunkInsurance #SaveACA

- This #MothersDay, #MomsDontNeed to go back to the days when they could be discriminated against by insurance companies. <http://ow.ly/KiCa30jRmXd> via @stephanibecker, @ShriverCenter #ProtectOurCare #StopJunkInsurance #SaveACA
- Did you know that #Medicaid covers nearly half of all births in the U.S.? #MomsDontNeed cuts to this vital program. <http://ow.ly/Hj9Y30jRn0U> via @ShriverCenter #ProtectOurCare #SaveMedicaid

BIXBY CENTER FOR GLOBAL REPRODUCTIVE HEALTH

- Being denied an abortion can result in an increased likelihood that women don't have enough money to pay for food, housing and transportation. #MomsDontNeed abortion restrictions that make it harder to support their families. #TurnawayStudy <https://lat.ms/2lm86kl>
- Black women are 3-4 times more likely to die during pregnancy and childbirth as white women. #MomsDontNeed unequal treatment in health care, they need policies that address racism in healthcare and support black mothers. <http://bit.ly/2rqakva>
- #MomsDontNeed a "domestic gag rule" that blocks their access to complete, unbiased medical information. They need affordable reproductive health care, including abortion.
- #MomsDontNeed policies that give healthcare providers a license to discriminate and turn them away when they need health care the most. The Trump administration's so-called "conscience" policies put women's health at risk. <https://bayareane.ws/2rsAt76>
- #MomsDontNeed disrespect, racism and discrimination that impacts their health and the health of their babies. <http://bit.ly/2K1Yf0y>
- #MomsDontNeed immigration policies that tear their families apart and impact their daughters' sexual health and wellbeing <http://bit.ly/2HYp0lz>

NATIONAL ASIAN PACIFIC AMERICAN WOMEN'S FORUM (NAPAWF)

- #MomsDontNeed attacks on EEOC pay data collection by gender and ethnicity, invisibilizing the wide wage gap that Southeast Asian and Pacific Islander women experience: as low as 51 cents to the white male dollar.

- Immigrant #MomsDontNeed public charge expansion that forces them to choose between healthcare benefits and immigration status. Immigrant rights are reproductive rights.
- #MomsDontNeed drastic cuts to federal funding for community health centers, which are sometimes the only places AAPI and immigrant women can turn to for culturally and linguistically appropriate care.
- #MomsDontNeed immigration enforcement that tears parents from their children and economically devastates their families. Immigrant moms deserve to raise their children without fear of detention or deportation.

MOVEMENT ADVANCEMENT PROJECT (MAP)

- #LGBT #momsdontneed healthcare laws & policies that exclude them or their children. See where your state stands on inclusive health care on @lgbtmap's up-to-date maps. http://www.lgbtmap.org/equalitymaps/healthcare_laws_and_policies
- #momsdontneed religious refusals in health care that put them at risk of being denied crucial care if they don't pass their providers religious litmus test. Read more in new report from @lgbtmap <http://www.lgbtmap.org/Religious-RefusalsHealth-Care-Report>
- #momsdontneed more economic challenges. Bc of lack of #equalpay and comprehensive #healthcare, #discrimination in the workplace and many factors, economic challenges add up for women and moms.
 - Gif: <https://www.dropbox.com/s/3k5chf1nv4mup5b/Equal-Pay-Day2018.gif?dl=0>
- #momsdontneed dangerous religious exemption laws that put them at increased risk of discrimination simply because of who they are. Read more about the #masterpiece case that could take us back to a time when businesses could say "we don't serve your kind here" <http://www.lgbtmap.org/understandingmasterpiece-cakeshop-case>
- Mounting efforts to insert #religiosexemptions into our laws will impact millions, including 11.6M single parents & kids, 10M #LGBT families, and 62.4M women. #momsdontneed these dangerous laws.

- Graphic:

<https://www.dropbox.com/s/rfz8a94q7x3ss2l/Impact%20on%20Millions.png?dl=0>

- Loving, qualified #momsdontneed laws that allow child welfare agencies to turn them away, simply because of who they are. When states allow adoption agencies to put religious beliefs ahead of the best interest of children, #kidspaytheprice www.kidspaytheprice.org

ROOSEVELT INSTITUTE

- "The inequality and injustices that are killing black mothers are byproducts of the same racial rules that have led to the death of black Americans at the hands of police." #MomsDontNeed the #HiddenRules of race. <http://bit.ly/2DsX7Bi>
- #MomsDontNeed to worry about how to afford childcare costs. Unconditional cash transfers, like universal basic income, could directly benefit children and families. <https://bit.ly/2lIF6ts>
- "Addressing the symptoms of inequity without addressing the rules that undergird them will be ineffectual" The Justice Doesn't Trickle Down report from @dreaflynn of @rooseveltinst <http://bit.ly/2BVOTiH>
- "Half of tipped workers are single mothers, and the industry has three times the poverty rate as the rest of the workforce." #MomsDontNeed the stress of all the inequalities and disparities that women face in America. <https://bit.ly/2qXtKR7>

FAMILY VALUES @ WORK

- Shareable images are available [here](#).
- In 43 locations in the U.S., #momsdontneed to go to work sick out of fear of job or wage loss because they have access to #PaidSickDays #MothersDay
- #momsdontneed to worry about #PaidLeave in New York - workers in this state now have access to paid family and medical leave and the sky isn't falling! #MothersDay
- #momsdontneed to worry about #PaidLeave in NJ because it exists for them and their partners #MothersDay
- #momsdontneed to worry about #PaidLeave in RI because it exists for them and their partners #MothersDay

- #momsdontneed to worry about #PaidLeave in CA because it exists for them and their partners #MothersDay
- #MomsDontNeed lip service, moms need #paidleave. Sign the petition: <http://bit.ly/plpetition> #MothersDay
- A #UnionMom is more likely to get higher wages, retirement security and greater pay equity because #MomsDontNeed to stand alone in the fight for equality. #MothersDay

LABOR PROJECT FOR WORKING FAMILIES

- Shareable images are available [here](#).
- A #unionmom earns nearly 30% more than their non-union counterparts. #momsdontneed to worry about whether or not they're being paid fair wages for #MothersDay. They need unions.
- 70% of mothers with children under 18 are in the labor force. #momsdontneed to leave their children home sick to keep their jobs. They need #paidleave. #unionmom #union
- Any #UnionMom knows that negotiating levels the playing field. Thankfully #momsdontneed to negotiate alone. Unions fight hard for better wages, retirement security, vacation time and more. #DFT231 #WTUTeacher #BaltimoreTeachersUnion